

# NEWFOUNDLAND AND LABRADOR COLLEGE OF PHYSIOTHERAPISTS

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## Physiotherapy Services using Tele-rehabilitation

The NLCP would like to recognize and thank the Physiotherapy Alberta College + Association and the College of Physiotherapists of Manitoba for their work in producing the Guidelines and granting permission for their use.

[https://www.physiotherapyalberta.ca/files/guide\\_telerehabilitation.pdf](https://www.physiotherapyalberta.ca/files/guide_telerehabilitation.pdf)

Physiotherapists in Newfoundland and Labrador may have an option to deliver services to their patients using **tele-rehabilitation**. However, not all patients will benefit from or be appropriate for physiotherapy services provided using this type of technology.

Privacy is critical when delivering tele-rehabilitation services. Health information is next to financial information as the most sought after private data for computer hackers.

Transitioning to online delivery of physiotherapy without considering the potential implications of delivering such a service, may create risk for patient privacy.

Physiotherapists need to do due appropriate research when deciding to deliver these services and in selecting the most secure platforms to do so.

Physiotherapists are required to follow Standards of Practice when utilizing tele-rehabilitation in their practice.

### **Resources:**

[https://physiotherapy.ca/tele-rehabilitation?utm\\_source=Physiotherapy.ca+Membership&utm\\_campaign=4946e14358-EMAIL\\_CAMPAIGN\\_2020\\_03\\_27\\_06\\_13&utm\\_medium=email&utm\\_term=0\\_8bdfa858a9-4946e14358-420844181](https://physiotherapy.ca/tele-rehabilitation?utm_source=Physiotherapy.ca+Membership&utm_campaign=4946e14358-EMAIL_CAMPAIGN_2020_03_27_06_13&utm_medium=email&utm_term=0_8bdfa858a9-4946e14358-420844181)

[https://physiotherapy.ca/sun-life-announces-tele-rehabilitation-coverage?utm\\_source=Physiotherapy.ca+Membership&utm\\_campaign=2838bac79e-EMAIL\\_CAMPAIGN\\_2020\\_03\\_30\\_12\\_00&utm\\_medium=email&utm\\_term=0\\_8bdfa858a9-2838bac79e-420844181](https://physiotherapy.ca/sun-life-announces-tele-rehabilitation-coverage?utm_source=Physiotherapy.ca+Membership&utm_campaign=2838bac79e-EMAIL_CAMPAIGN_2020_03_30_12_00&utm_medium=email&utm_term=0_8bdfa858a9-2838bac79e-420844181)

[https://physiotherapy.ca/covid-19?utm\\_source=Physiotherapy.ca+Membership&utm\\_campaign=4946e14358-EMAIL\\_CAMPAIGN\\_2020\\_03\\_27\\_06\\_13&utm\\_medium=email&utm\\_term=0\\_8bdfa858a9-4946e14358-420844181](https://physiotherapy.ca/covid-19?utm_source=Physiotherapy.ca+Membership&utm_campaign=4946e14358-EMAIL_CAMPAIGN_2020_03_27_06_13&utm_medium=email&utm_term=0_8bdfa858a9-4946e14358-420844181)

[https://physiotherapy.ca/sites/default/files/covid-19\\_telehealth\\_consent\\_form\\_cpa.pdf](https://physiotherapy.ca/sites/default/files/covid-19_telehealth_consent_form_cpa.pdf)