

Newfoundland and Labrador College of Physiotherapists Updated Guideline for Practice of Private Physiotherapy Clinics as per NL's COVID-19 Alert Level 4

The Newfoundland and Labrador College of Physiotherapists (NLCP) would like to thank members and other healthcare providers for their continued work on the front lines during the COVID-19 pandemic.

As the Avalon and Metro move from Alert Level 5 to the NEW expanded Alert Level 4, it is important to recognize the core principles of the protective measures must remain in place. These guidelines aim to protect the public, Physiotherapy professionals, and all staff working in private practice Physiotherapy clinics. Clinics will re-open under the guidelines which were previously posted on the Website (June 25th/2021).

<https://www.gov.nl.ca/covid-19/alert-system/alert-level-4/>

<http://gov.nl.ca/covid-19/files/Summary-Table-of-COVID-19-Alert-Level-System-graphic.pdf>

With the following additions:

1. Eye protection is now **strongly recommended** in keeping with the CMOH's suggestion that eye protection (eg. face shield or safety goggles) be worn out of an abundance of caution as the virus/variant transmission through the eyes is still under study.
2. Clinics are reminded that patients who are using rehabilitation gym spaces must maintain physical distancing, wear a mask at all times and clean and disinfect appropriately.

The College would like to remind all therapists that this a fluid and rapidly changing time in our province. Further changes or adjustments to our Covid-19 practice guidelines may be necessary - as we are advised by the CMOH. Clinics outside the Avalon will remain in these guidelines as indicated on the website on February 27th, 2021.

Please stay safe as we continue to provide our patients with physiotherapy care in these difficult and unprecedented times. We thank you for your continued diligence to maintaining these standards of practice.