



NEWFOUNDLAND AND LABRADOR COLLEGE OF PHYSIOTHERAPISTS

P.O. Box 21351 St. John's, Newfoundland and Labrador, CANADA A1A 5G6

Phone: 709-753-6527 Fax: 709-753-6526 E-mail: registration@nlcpt.com

CONTINUING COMPETENCE COMMITTEE REPORT - JUNE 2021

Committee members: Michael Kay, Tom Farrell, Tracy Penney, Nicole Peters, Sonja Hoskins, Lisa Durnford, Brooke Wiseman

We are now in the process of the second Portfolio review. Overall, the response has been both timely and positive. There are one or two outstanding Portfolios.

The CCC welcomes comments, questions and feedback which we try to respond as quickly and directly as possible.

Two critiques were received around reflection component and hours. These were both responded via email. The assessors are interested in what the Registrant is doing to maintain their competency. This may involve a critical appraisal of the literature, implementation of a new guideline, or innovative on site clinical research. Regarding hours – the portfolio is not a human resource tool or business review. It is well known and appreciated that there are blocks of time dedicated to teaching, mentoring and CI work – the portfolio review is meant to reflect those hours that fit into competency education.

Special thanks to all the Committee for all their work and time.

Part 1 of the Portfolio was by and large well done. Many submissions included extensive use of references and individuals provided an indepth review and analysis.

The actual goal setting section (Part 2) is now a voluntary submission only. Nevertheless, it is considered a valuable part of the portfolio. Goals give direction, purpose, heighten performance and determine priorities to list just a few benefits. Members were advised to utilize a SMART model in writing them: the specific nature of goals means you know exactly what you are striving for, including measurable criteria, and might answer the question: how will I know when I have reached my goal? Assessors reviewed Part 2 as part of the portfolio but did not score.

Part 3 Continuing Education Hrs remains a mandatory section and provides an insight into the range of evidence utilized in work and clinical practice. References utilized in reflection could be included. Registrants can list other areas of self-directed education. This may include formal presentations, educational events, courses, providing education, or research. Regular work tasks such as rounds, team meetings, the full duration of a student placement, the length(weeks/hours) of a mentorship, or volunteer trainer for sports team would not be accepted as competency hours. We had to cut out some hours. In certain cases there was just hours listed with no identification of what or when events were done.

In past years the CCC did not require a specific number of education hours. This became an issue when members submitted either no hours or a very low number of hours. The CCC proposed and the Executive accepted 200 hours over 5 yrs. This recognizes that there may be years, when an individual's continuing education hours might be lower than that person's usual average. The expectation of the CCC is that continuing education and references identified in Part 3 would have relevance to clinical practice area, specific goals or work role.

A primary goal for the college is protection of the public and the portfolio assessment is part of that commitment. It ensures that physiotherapists are taking steps to maintain skill and knowledge.

Results:

70 portfolios requested

Scoring is still being done.

Letters will go out shortly.

Physiotherapists should consider the following:

Registered physiotherapists should keep their portfolios up to date all the time, not just when they think they are due for a review or the month or week before they are requested

Webinars, ZOOM events, Congress and courses are common important sources of education. These are valuable and can certainly be included as part of your submissions.

Registered Physiotherapists are still responsible for knowing the requirements to maintain their licence and registration.

Aside from the requirement to submit the CCC a copy on request; using and building your portfolio has inherent value in reflecting on your practice and planning for the future. The hope of the CCC and Council is that individuals will make the best use of the tool and develop it to their unique needs.

Physiotherapists have to be registered to practice and each member signs the declaration statement on the application for registration/renewal indicating they will maintain their professional portfolio. The portfolio and subsequent assessment is an important part of maintaining your licence.

Again, thanks very much to my fellow committee members for taking time to serve on the committee and carry out reviews to make meaningful change to the portfolio evaluation system.

Michael Kay

Michael Kay, Chair of the Continuing Competence Committee